

# Advice and Counselling Service

Free and confidential

## Advice

- Funding your studies
- Applying for Hardship Funds
- Dealing with debt
- Planning a budget
- Welfare rights and benefits
- Tuition fee issues
- Immigration law
- International student issues
- ... and more

## Counselling

- Relationship problems
- Difficult decisions
- Identity and sexuality
- Family problems
- Exam stress
- Homesickness
- Depression
- Anxiety
- ... and more

**For further information contact:**

Advice and Counselling Service, Ground Floor, Geography Building

**020 7882 8717 / email via [www.welfare.qmul.ac.uk](http://www.welfare.qmul.ac.uk)**